



# JUNE 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>To Contact a Breastfeeding Peer Counselor near you:</b> <b>Counselor:</b> (443) 262-4423, press 2 for the BFPC line <b>Danya Benton RN, IBCLC:</b> (410)-758-0720 Ext: 4510 (BFPC Coordinator) <b>Upper Shore WIC Program:</b> Q.A.'s (443)262-4423 Kent (410) 810-0125		<b>Services:- Peer Counselor program</b> - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 2 for the BFPC line.- <b>International Board Certified Lactation Consultant / Registered Nurse</b> – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 Ext: 4510 <b>La Leche League (LLL)-Please refer to website for more information:</b> <a href="http://www.lllofmd-de-dc.org/">http://www.lllofmd-de-dc.org/</a>				1
2	3	<b>4</b> <b>UM Shore Regional Health - Easton</b> 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE	<b>5</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	6	7	8
9	10	11	<b>12</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	<b>Union Hospital – Elkton</b> -6:30-9pm – Breastfeeding Basics -(443)406-1355 -\$10	14	15
16	17	<b>18</b> <b>UM Shore Regional Health - Easton</b> 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE	<b>19</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	20	21	22
23/30	24	25	<b>26</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	27	28	29



# JULY 2019



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7	8	<b>9</b> <b>UM Shore Regional Health - Easton</b> 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE	<b>10</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	11	12	13
14	15	<b>16</b> <b>UM Shore Regional Health - Easton</b> 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE	<b>17</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	18	19	20
21	22	23	<b>24</b> <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE	25	26	<b>27</b> <b>UM Shore Regional Health - Easton</b> 9-12:15 – Breastfeeding Class -410-822-1000 ext:5200

28	29	30	31 <b>Union Hospital – Elkton</b> -10-11:30am – Lactation Club -(443)245-7305 -FREE			
	<b>AUGUST 2019</b>					
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
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